



**O U R
M I S S I O N
S T A T E M E N T**

*To promote Self-Advocacy,
Training, Quality of Life and
Equal rights for People with
Developmental Disabilities
in Saint Charles County*



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www.facebook.com/PFSCC

www.factmo.org



**People First is
funded by the D.D.R.B.**

www.ddrb.org



*People First
C/O F.A.C.T.
800 Friedens Road Suite 200
Saint Charles, MO 63303*



*Saint Charles Chapter
Self-Advocacy Group*



Self-Advocacy is...

"Feeling good about myself"

"Feeling Strong"

"Getting all the information"

"Knowing my rights and responsibilities"

"Making changes , taking chances and learning from my mistakes"

"Finding out who will support me in doing what I want"

"Respecting the rights of others but speaking out for mine"

"Problem solving when things go wrong"

"Taking charge and speaking out on my own behalf"



How can I participate?

Meetings are held the third Wednesday of each month.

Please contact

Advisor Sarah Miley

at 636-949-2425 ext. 266 or
peoplefirst@factmo.org

for the time and location of the meeting or
for more information.

Who are the members of "People First?"

"People First" is a self-advocacy and self-help organization run by and for persons with developmental disabilities.

What do "People First" Members Do?

- Listen to each other
- Participate in the community
- Reach out to others
- Raise disability awareness

Who can be involved?

Anyone who is interested in advocating for the rights of People with Developmental Disabilities.

Only people with developmental disabilities can be voting members.